



ASHA WATSON

AUTHOR SPEAKER POET

ABOUT ASHA

In Swahili, Asha means “life” and in Hindu it means “hope” and “passion”, Asha J. Watson is an Author, Speaker and Poet that embodies all of these words. Asha’s passion resonates in her conversational style of presenting. Her message of hope speaks life into her audiences.

If your goal is to inspire action, Asha is the speaker for you!

CONTACT INFO

Email: ashajwatson@gmail.com

Web: www.ashawatson.com

Twitter: @purplereign_ajw

PRESENTATION TOPICS INCLUDE:

WORKSHOPS FOR GIRLS & TEENS

Defining & Discovering Your Inner Beauty

Everyone is beautiful in their own way, sometimes we all need reminders. This workshop helps participants find ways to harness and awaken their inner beauty in very practical ways.

WORKSHOPS FOR YOUNG ADULTS & ADULTS

(recommended 18+)

Who Are You Waiting On? YOU, Be the Change!

This is a call to action for people that are interested in being better mentors. This is also a great workshop for parents that are looking to strengthen their connection(s) with their child(ren). Asha uses her 20 + years of mentoring, teaching and parenting to provide tools and tips that will help participants connect with, and have a positive impact on the next generation.

Put Your Passion to Work

Sometimes our passions and our daily life seem to be conflicted. Let’s discover ways for you to allow your passion to work in alignment with your daily life.

WORKSHOPS FOR ALL AGES

(this workshop can be tailored to children and adults)

Write to Live & Live to Write

Writing is a tool that can help anyone monitor their mental, emotional and spiritual health. This workshop will teach you how to use your pen to empower yourself.



TRANSFER PLEASE BY ASHA J. WATSON

Transfer Please is the first in a series of short poetic vignettes about common people in common places. This book is a fun, light-hearted series of observations in the journal of a woman riding a train. You will enjoy the insights and similarities – you can’t help but feel like “I’ve seen that person before”.